

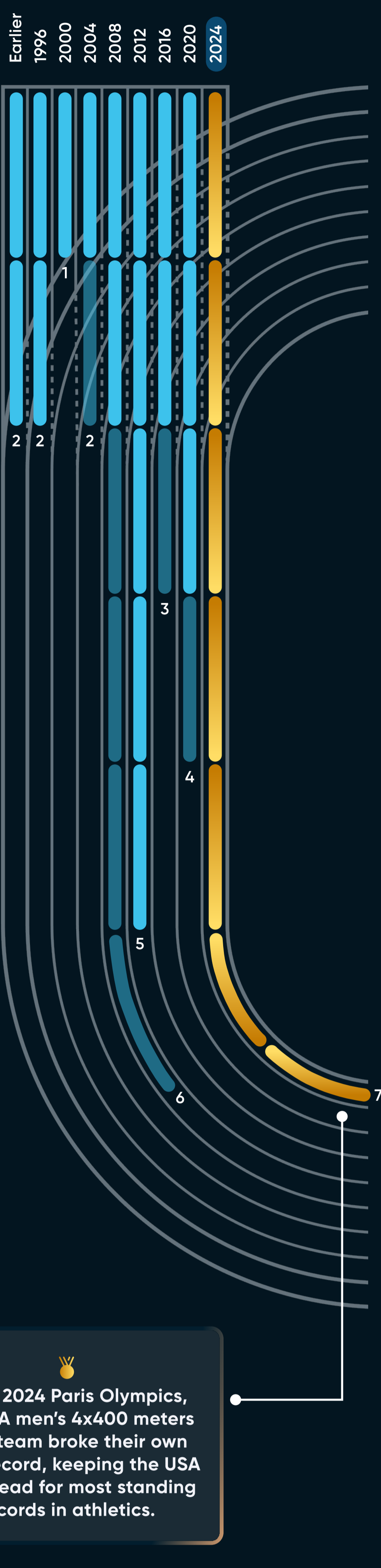
# TRACKING TITANS

A Data Journey Through Olympic Records

Track and Field athletes have set new Olympic records for seven straight Summer Games. With better attire, nutrition, and training habits, will the record-breaking streak continue at the 2024 Paris Olympics?

Track events range from short-distance sprints to middle-distance runs of about a mile, and long-distance marathons over 26 miles. Field events include strength competitions like the shot put and discus, and throwing events like the javelin and hammer throw.

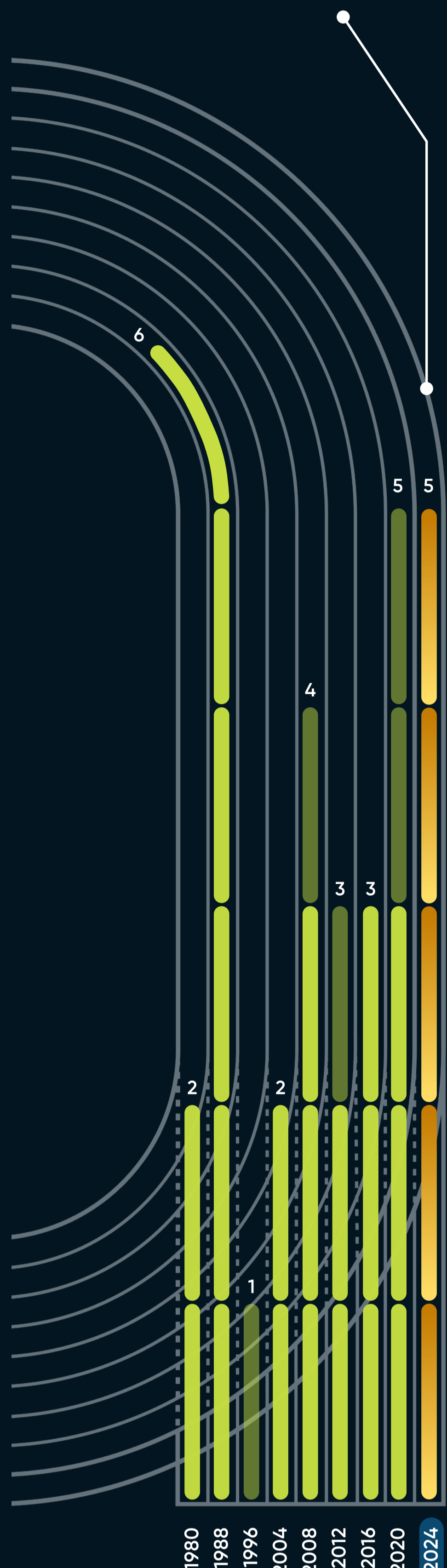
## MEN'S RECORDS \*



In 2024, all women who set records at the Paris Olympics were returning athletes - all in track events.

In the 2024 Paris Olympics, the USA men's 4x400 meters relay team broke their own 2008 record, keeping the USA in the lead for most standing records in athletics.

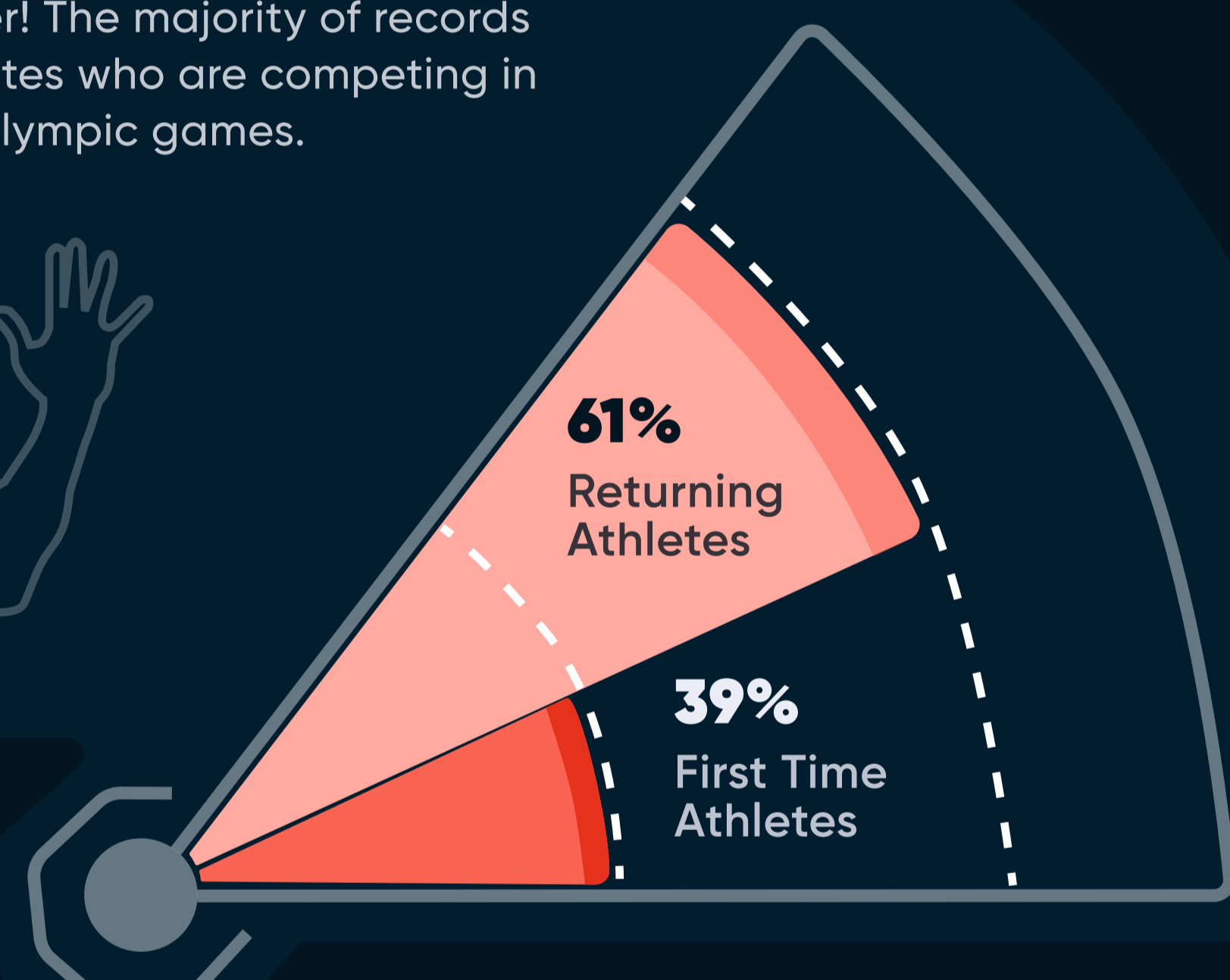
## WOMEN'S RECORDS \*



\*Note: Men's and Women's records may differ because they are from different Olympics.

## THE VETERAN ADVANTAGE

Experience does matter! The majority of records have been set by athletes who are competing in at least their second Olympic games.



## CLEARING THE BAR

Many countries have won gold in Track and Field and set records that still stand today, but four nations have the most unbroken records...

